



# IH PTSASE Community Service Program GUIDELINES FOR ISSAQUAH HIGH STUDENTS

(For all info on the program and to find the forms go to: www.issaquahhighptsa.org/page/pta/community service)

In collaboration with the IH College and Career Center, the IH PTSA is proud to sponsor the IH PTSA Community Service Program. This program is designed to recognize students' contributions to the community through service. Community Service Hours are reported to IH PTSA throughout each year. At the end of the school year for each graduating senior, the IH PTSA tabulates and submits the total hours reported to the school for special recognition at graduation. Each student completing <u>100 or more</u> Community Service Hours will receive a certificate and white cord at graduation.

#### **Frequently Asked Questions**

## What are Community Service Hours?

Community Service Hours are hours spent performing services without pay or other compensation (except recognition and appreciation) for the good of an individual, an agency, the community or society.

#### What Counts as Community Service?

$\square$ Hours should be performed <i>outside</i> of school time without pay or compensation. (
☐ Hours volunteered after 8 <sup>th</sup> grade promotion to date <i>do count</i> . (
☐ Hours worked for National Honor Society, Key Club and DECA <i>do count</i> , as long as (they meet all other criteria. (
☐ Hours for class credit: Health, Sports Medicine and Music <i>do not</i> count. (
$\Box$ Only actual working hours count: travel and sleep hours <i>do not</i> count. (
☐ Fundraising, Rehearsal hours and Planning/ Meetings <i>do not</i> count. (
$\square$ Hours worked as a result of Traffic Court <i>do not</i> count. (
☐ Interning/Job Shadowing <i>do not</i> count. (The easiest way to submit hours is online. (

### **How Do I Turn In My Hours?**

All hours must be reported on an online reporting form found on the IH PTSA web page, under the Community Service Program link (see above). Hours may be submitted after each volunteer service or

all at once, as long as all required reporting entries on the form are completed. There is an annual deadline for seniors that must be met in order to receive recognition at graduation. It is typically the first Monday in May, but please check the website to verify.

# Why Should I Volunteer?

Volunteerism provides many benefits, not just for the community, but for the student, sepecially if you are truly interested in the organization or cause for which you are volunteering.
☐ To explore different career fields. (
$\square$ To give back to the community. (
☐ To gain valuable contacts for future job or internship opportunities. (
☐ To learn new skills or enhance skills in your area of interest. (
☐ To provide colleges a volunteer service record. (
☐ To meet requirements for many scholarships. (
☐ To be recognized at Senior graduation with a service cord. (*100 or more hours) (PTSA purchases the cords for students who qualify. (